Company No: 08171224
(A Company Limited by Guarantee and not having a Share Capital)

Charity No: 1151601

FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

MYRUS SMITH Chartered Accountants

Norman House, 8 Burnell Road, Sutton, Surrey. SM1 4BW

Company No: 08171224 (A Company Limited by Guarantee and not having a Share Capital)

Charity No: 1151601

TRUSTEES' REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

	Page
Reference and Administrative Information	1
Report of the Trustees	2 - 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 - 13

HEALTHWATCH SUTTON Company No: 08171224

Charity No: 1151601

TRUSTEES' REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

The Board of Directors/Trustees presents its report and financial statements for the year ended 31 March 2022.

Reference and Administrative Information

Charity No. 1151601 Company No. 08171224

Registered Office and Granfers Community Centre

Principal address: 73-79 Oakhill Road,

Sutton Surrey SM1 3AA

Board of Directors/Trustees who served during the year and up to the date of this report:

Chairperson:Barbara McIntoshVice Chairperson:Janet WingroveVice Chairperson:David Elliman

Director and Trustee: Adrian Attard
Director and Trustee: Adrian Bonner
Director and Trustee: David Elliman
Director and Trustee: Barbara McIntosh
Director and Trustee: Noor Sumun
Launa Watson
Director and Trustee: Janet Wingrove

Director and Trustee:Shri Mehrotra(resigned 06 December 2021)Director and Trustee:David Williams(resigned 28 July 2021)Director and Trustee:Shinaz Sethna(appointed 11 July 2022)

Staff Team: Pete Flavell – Chief Executive Office

Andrew McDonald - Health Engagement and Project Officer

Gemma Thatcher - Communications, Engagement and Projects Officer

Lorraine Davis - Team Administrator

Bankers: Barclays Bank PLC

43 High Street

Sutton Surrey SM1 1DR

Independent Examiner: Stephen Jones

c/o Myrus Smith

Chartered Accountants

Norman House 8 Burnell Road

Sutton Surrey SM1 4BW

HEALTHWATCH SUTTON REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

1. Structure, governance and management

Healthwatch Sutton (HWS) is the consumer champion for health and social care in Sutton. HWS was incorporated on the 7th August 2012 and achieved charitable status on 11th April 2013 it is therefore both a Company limited by Guarantee (08171224) and a registered Charity (1151601).

HWS is governed by a Board of Directors/Trustees who meet bi-monthly to oversee the strategic direction and development of the organisation. One trustee resigned in July 2021 and another in December 2021. The members of HWS are local voluntary organisations and individual residents who have an interest in health and social care and support the work of HWS.

During this reporting period, the Board of HWS worked in partnership 2 voluntary sector organisations, through sub-contracting arrangements, to deliver the work of HWS.

The HWS partner organisations are:

- Community Action Sutton who support the Board, the running of HWS, the engagement and representation role and the delivery of specific projects.
- Advice Link Partnership Sutton (ALPS) who provide an information and advice service.

Recruitment and Appointment of new Trustees

Trustees are recruited and co-opted on to the Board of Healthwatch Sutton during the course of the year to meet the requirements of the organisation. At the Annual General Meeting the membership vote as to decide if they should be elected to the board.

2. Financial Review

HWS's main source of income comes from the London Borough of Sutton and in 2021/22 £109,962 was received to deliver the activities of the organisation. An annual amount of £20,000 is allocated to ALPS to deliver the information and advice service on behalf of HWS. The balance was retained by HWS/Community Action Sutton to deliver the core work of the organisation – including funding the 4 staff and office accommodation.

Additional funding of £40,968 was secured from NHS Sutton (part of the former South West London Clinical Commissioning Group) to support work to development Patient Participation Groups, the Patient Reference Group and Primary Care Network public engagement. Other grants from various NHS organisations, totalled £18,358.

There were no significant one-off costs were incurred during the year.

3. Public Benefit Statement

HWS Trustees have complied with their duty to have due regard to the guidance on public benefit published by the Commission in exercising their powers or duties. The activities delivered during 2021/22 have been entirely in accordance with the charitable objectives.

4. Objectives and Activities

4.1 The Objects of the Charity are:

- 1. the advancement of health and the relief of those in need, including by:
 - (i) providing information and advice to the general public about local health and social cares services; and
 - (ii) making the views and experiences of members of the general public known to health and social care providers;

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2022

/contd...

- the advancement of citizenship and community development, including ensuring local people have a voice in the development, delivery and equality of access to local health and care services and facilities:
- 3. the advancement of education, including the provision of training and the development of skills for volunteers and the wider community in understanding, reviewing and monitoring local health and care services and facilities:
- 4. any other exclusively charitable purposes as the Trustees see fit; in particular (but not exclusively) in Sutton and neighbouring areas of South London.
- This provision may be amended by special resolution but only with the prior written consent of the Commission.

4.2 Activities

HWS gives people a chance to have their say and help to improve local health and social care services. It does this through the following activities:

- Giving people information, advice and support about local health and social care services.
- Actively finding out what people think about health and social care services.
- Having voting rights on the local Health and Wellbeing Board and making recommendations on how health and social care services should be run.
- Sharing information and ideas with other local Healthwatch groups, Healthwatch England and the Care Quality Commission.

5. Achievements and Performance

The main achievements during 2021/22 were as follows.

5.1 Experiences in care homes during the pandemic

During the pandemic, care homes were on the frontline in the fight to protect people from catching the virus.

We carried out four surveys to find out about the experiences of care home residents, their friends and family and staff members between 9 March and 25 May 2021. This work was commissioned by Sutton Council. 248 people told us their story; 74 care home residents, 59 of their friends and family and 115 staff members.

Care home residents told us:

- 98% were able to access care if they needed to.
- 92% were given the opportunity to speak to friends/family via phone or video call.

•

Residents with learning disabilities told us:

- All residents felt safe in their home.
- Around 50% had not been able to see their friends and family.

Family and friends told us:

- 97% felt that their family member/friend had been safe.
- 93% were supplied with PPE.
- Comments showed the pandemic had a considerable impact on visits.

FOR THE YEAR ENDED 31 MARCH 2022

/contd...

5.1 Experiences in care homes during the pandemic /contd...

Staff were asked how much they agreed or disagreed with 10 statements:

The statements with the greatest agreement were:

- 1. I have been able to access COVID-19 tests when I have needed to:
- 2. I know where to get support for myself and when I needed PPE,
- 3. I was able to access it easily and on time.

The statements with the least agreement were:

- 1. I feel that the available mental health and wellbeing services are supporting my needs effectively;
- 2. I have felt safe at work
- 3. If I have raised concerns, these have been addressed by my employer.

Next steps

Recommendations will be developed with our partners, including Sutton Council, local NHS, care home managers and staff, care home residents and their friends and family and the voluntary and community sector.

5.2 Accessing dental services during COVID-19

We saw a large increase in the number of enquiries from residents struggling to access local NHS dental services.

In response to this, we spoke to 30 dental practices in and around the borough to find out if they were taking on new patients, and the average waiting times for routine and emergency appointments.

This work was carried out between 16 June and 19 July 2021.

What we found:

- 12 dental practices were taking on new NHS patients.
- 12 dental practices were taking on NHS patients for emergencies.
- 23 dental practices were taking on children as NHS patients. However, at 7 of these practices, children could only be registered if their parents and/or siblings were already registered at the practice.
- The waiting time for urgent care varied widely from 2 hours to 2 months.
- The waiting time for routine care varied widely from 1 week to 6 months

We used our findings to inform our signposting work and help people access the dental care they need. We also shared our findings with our information and advice service provided by Citizens Advice Sutton (via Advice Link Partnership Sutton) to inform their signposting work.

5.3 Three ways we have made a difference for the community

Creating empathy by bringing experiences to life

It's important for the NHS and social care services to step back and see the bigger picture, through hearing personal experiences, and the impact on people's lives. This provides a deeper understanding than using data alone, can challenge assumptions and motivate people to think and work more creatively.

As part of our campaign "Your Care, Your Way", we used a case study video from Connor who experienced difficulties registering with his local GP practice to highlight the difficulties many people face when using assistive technology. This video helps to covey the struggles people face on a daily basis, which will help decision makers take a step back and see the bigger picture.

FOR THE YEAR ENDED 31 MARCH 2022

/contd...

5.3 Three ways we have made a difference for the community /contd

Getting services to involve the public

Services need to understand the benefits of involving local people to help improve care for everyone.

We gave advice to a local GP practice to set up Patient Participation Groups which enabled them to collect the views of local people directly and improve services directly as a result.

Improving care over time

Change takes time. We often work behind the scenes with health and care services to consistently raise issues and push for changes.

We have known about dental problems for a long time. In 2016 we published our report highlighting that some people were struggling to access dental care. Over the years we have continued to hear from the public about access problems. Last year we called for reform of NHS dentistry, co-signing a letter to the Chancellor of the Exchequer calling for NHS dentistry to be accessible and affordable for everyone.

5.4 Making a Difference Together

Through our commissioned work, we are able to ensure the views of local people are heard and influence decision-making when improving services and patient experiences.

We support Patient Participation Groups (PPGs) at local GP surgeries, as well as the Patient Reference Group (PRG) to communicate with local commissioners. This work is funded by NHS Sutton.

Additionally, we provide independent feedback and reporting systems for local health and social care services. This year, we have supported Sutton Health and Care @ Home and the Palliative Care Coordination Hub.

Patient Participation Groups (PPGs)

This year, we have supported PPGs with their recruitment. We have started the process of recruiting students with the hope that they will gain a powerful insight into how local NHS services operate, as well as share their views, experiences and ideas on how to improve patient experience. So far, 5 students have attended PPG meetings.

In addition to this, we also held meetings between patient volunteers and staff from each of the 4 NHS Primary Care Networks (PCNs). The purpose was to decide how PPG volunteers could support their PCN to deliver its priorities, as well as provide staff with an insight into how much patients know about their PCN.

Patient Reference Group (PRG)

We supported the PRG and facilitated discussions on health topics including the development of the new Integrated Care System in South West London, the Covid and flu vaccination programmes in Sutton and the challenge of digital exclusion.

Population Health Summit

In September 2021, we helped to organise the Sutton Population Health Summit. It was a large face-to-face event that brought together staff from across the local NHS, Council and Voluntary sector. The aim of the Summit was to identify some of the social and economic factors that impact on people's health and wellbeing in Sutton.

Improving diabetes care in Sutton

We supported Sutton Council to design a new model of care for people with diabetes in Carshalton. We interviewed 14 people to understand the difficulties they had in managing their diabetes, focusing on the economic hurdles as well as their experiences of local diabetes services. They are planning on using the new model of care next year.

FOR THE YEAR ENDED 31 MARCH 2022

/contd...

5.5 Patient experience survey

We worked with South West London Health & Care Partnership and South West London Clinical Commissioning Group to find out about patients' experiences of accessing appointments and consultations with their GP practices since March 2020. We helped create a survey which was distributed to patients through their GP surgeries as well as through local charities

3004 people took part. The survey was carried out between September and December 2020.

What we found

- 89% of patients had contacted their GP surgery since the lockdown period. Those that wanted to contact their GP but did not do so did not want to disturb the surgery, were following Covid-19 rules or thought that their surgery was closed.
- Patients had largely contacted their GP surgery via telephone (71%).
- 76.5% found it easy to contact their GP surgery. For those patients that didn't find it easy to contact their GP surgery, the main reasons included long waiting times on the phone, phone not answered in the practice and long introductory message.
- Most patients responded that they were not given a choice of appointment, although 61% were happy with their appointment type. Those who were unhappy with the appointment type offered indicated that they wanted a face-to-face appointment, as they thought a phone appointment was not effective.
- 70% felt that overall safe and effective care had been received. Of those who answered 'No', the
 primary concern was around difficulty in getting an appointment. Additionally, some would rather
 have had a face-to-face consultation and/or believed that a phone consultation would not have
 met their needs.

Our recommendations

- Maintain traditional alongside remote modes personalised offer and choice on appointment modes.
- 2. Publish an explanation of the booking system.
- 3. Publish an explanation of the triage system.
- 4. Explain how the practice plans to operate as the pandemic evolves.
- 5. Clear, visible and regular communication from practices.

What difference did this make

We have held meetings with practices and their patient participation groups to identify areas of good practice, areas of improvement and to create an action plan on how to continue to improve the service offered. Practices have until March 2022 to implement action plans.

5.6 Advice and information

If you feel lost and don't know where to turn, Healthwatch Sutton is here for you. In times of worry or stress, we can provide confidential support and free information to help you understand your options and get the help you need. Whether it's finding an NHS dentist, how to make a complaint or choosing a good care home for a loved one – you can count on us.

Providing people with the information they need

We spoke to a local resident who had a crown fitted previously. It had become loose and was refitted during an emergency appointment. When she went back to the dentist, she was told that the crown had become loose again and her tooth had broken. She felt that she had been treated dismissively by the dentists, who had not explained the treatments available to her on the NHS. We talked her through the criteria for different bridges and implants so she was well informed when she went back to her dentist. We also talked about raising a complaint as she was unhappy with the way the dentist had spoken to her.

FOR THE YEAR ENDED 31 MARCH 2022

/contd...

5.6 Advice and information /contd

Signposting people who needed additional support

We spoke to a local resident regarding an issue with benefits for her child with disabilities. She mentioned that she is finding it hard to connect with people who understand what she is going through.

We talked about local support available for her through Sutton Parents Forum and also gave her details of the local branch of the Autistic Society for her to be able to meet others in similar situations.

The Healthwatch Sutton Information and Advice service is based at Citizens Advice Sutton and operates as part of the Advice Link Partnership Sutton (ALPS).

This year we helped people by:

- Providing up to date information on Covid-19
- Linking people to reliable information they could trust
- Helping people to access the services they need

5.7 Volunteers

We're supported by a team of amazing volunteers who are the heart of Healthwatch Sutton. Thanks to their efforts in the community, we're able to understand what is working and what needs improving in NHS and social care.

This year our volunteers:

- Helped people have their say by carrying our surveys at events in the community and sending surveys to our members in the post.
- Visited care homes with Sutton Council to make sure they are providing people with the right support.
- Informed our signposting work by calling all the dental practices in and around the Borough.
- Helped support our day-to-day running.

5.8 Top three priorities for 2022-23

- 1. Maximising the potential of our new consortium contract (Making Informed Choices starting on 1 July 2022). In particular, we hope to improve our intelligence gathering and to work more closely with consortium partner organisations.
- 2. Developing new post-Covid priorities by identifying the latest issues having the greatest impact on local people.
- 3. Improving local awareness of Healthwatch Sutton and engagement with our communities by carrying out more outreach activities.

Approved by the Board of Trustees on 16 November 2022 and signed on its behalf by:

Barbara McIntosh Trustee

Independent Examiner's Report to the Trustees of:

HEALTHWATCH SUTTON

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022, which are set out on pages 9 to 13.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S.A. Jones FCA % Myrus Smith Chartered Accountants Norman House 8 Burnell Road Sutton, Surrey SM1 4BW

16 November 2022

STATEMENT OF FINANCIAL ACTIVITIES (Incorporating Income and Expenditure Account) FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	2021 £
INCOME		L	2
Donations Incoming resources from charitable activities	2	467 169,288	420 153,030
EXPENDITURE		169,755	153,450
Charitable activities	3	178,605	147,865
NET MOVEMENT IN FUNDS		(8,850)	5,585
Reconciliation of Funds Fund balances brought forward	8	49,913	44,328
Fund balances carried forward	8	£41,063	£49,913

All funds are unrestricted.

All income and expenditure is derived from continuing activities.

HEALTHWATCH SUTTON (Company No: 08171224)

BALANCE SHEET

AS AT 31 MARCH 2022

Notes

CURRENT ASSETS		2022 £	2021 £
Debtors Cash at Bank	6	204 51,194	1,429 73,769
		51,398	75,198
CREDITORS: Amounts falling due within one year	7	10,335	25,285 ———
NET ASSETS		£41,063	£49,913
FUNDS			
Unrestricted funds	8	£41,063	£49,913

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit for loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These Financial Statements have been prepared in accordance with the Special Provisions of Part 15 of the Companies Act 2006 relating to small companies.

ı	Annroved by	the Board o	of Trustees on	16 November 202	22 and signed (on its behalf by:
,		LITE DUALU L	// I I USICCS UII		z anu siuncu i	JII ILƏ DEHAH DV.

Barbara McIntosh	•
Trustee	

The notes form part of these Financial Statements.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

a) Basis of preparation and assessment of going concern

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The Charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The significant accounting policies have been consistently applied to all years presented unless otherwise stated.

b) Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are those funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for specific purposes.

c) Company Status

The charity is a company limited by guarantee and is registered in England and Wales. The members of the company are the trustees. In the event of the charity being wound-up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the Reference and Administrative Information on page 1.

d) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Income from contracts which are related to performance is recognised as the charity earns the right to consideration by its performance.

e) Resources Expended

All expenditure is accounted for on an accruals basis.

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examination fees and costs linked to the strategic management of the charity.

f) Pension Costs

The charity operates a defined contribution pension scheme for the benefit of its employees. The cost of contributions are charged to the Statement of Financial Activities in the year they are payable.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

/contd...

1. ACCOUNTING POLICIES (cont'd)

g) Leases

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

h) Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and which are receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

2.	INCOME FROM CHARITABLE ACTIVITIES	2022 £	2021 £
	Contracts London Borough of Sutton NHS Sutton Clinical Commissioning Group	109,962 40,968	109,962 39,852
	Other organisations	18,358	3,216
		£169,288	£153,030

All of the £153,030 recognised in 2021 related to unrestricted funds.

3.	CHARITABLE ACTIVITIES	Direct costs £	Grant funding of activities £	Support costs £	TOTAL 2022 £	TOTAL 2021 £
	Staff and volunteers costs	128,357	-	-	128,357	112,753
	Subcontractors	-	20,000	-	20,000	20,000
	Property costs	-	· -	6,028	6,028	1,510
	General running costs	-	-	8,287	8,287	3,689
	Management costs	-	-	5,200	5,200	2,600
	ICT costs	-	-	2,980	2,980	766
	Finance costs	-	-	2,600	2,600	2,950
	Other support costs	-	-	3,727	3,727	2,271
	Governance costs (note 4)	-	-	1,426	1,426	1,326
		£128,357	£20,000	£30,248	£178,605	£147,865

All of the £147,865 expenditure recognised in 2021 related to unrestricted funds.

All of the above costs relate to the sole activity of the Charity which is to offer people a chance to have their say and help improve local health and social care services.

HEALTHWATCH SUTTON NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

/cont'd....

4.	GOVERNANCE COSTS	2022 £	2021 £
	Independent Examiner's fees Board Meetings and AGM Other costs	1,362 51 13	1,326 - -
		£1,426	£1,326
5.	STAFF COSTS	2022 £	2021 £
	Wages and salaries Social Security costs Pension costs Other direct costs	109,833 11,006 5,536 1,982 £128,357	96,736 9,654 4,502 1,861 £112,753
	Average growth or of appropriate and on full time and in factor and	No:	No:
	Average number of employees based on full-time equivalents and on employee numbers	3	4

No employee received remuneration amounting to more than £60,000 in either period.

Total employee benefits received by key management amounted to £54,380 (2021: £53,496).

Under FRS 102, employee benefits include gross salary, benefits in kind, employer's national insurance and employer's pension costs.

6.	DEBTORS			2022	2021
	Other debtors and prepayments			£204	£1,429
7.	CREDITORS: Amounts falling due v	within one year		2022	2021
	Other creditors and accruals			£10,335	£25,285
8.	STATEMENT OF FUNDS	At 31 March 2021 £	Incoming Resources £	Resources Expended £	At 31 March 2022 £
	Unrestricted funds General funds	£49,913	£169,755	£(178,605)	£41,063

The General Fund represents the free resources of the charity which are not designated for particular purposes.

9. RELATED PARTIES

During the year, 0 trustees (2021: 0) were reimbursed for expenses (2021: £Nil).

The trustees received no remuneration in either year.